## Glaucoma Can Steal Vision Without Warning

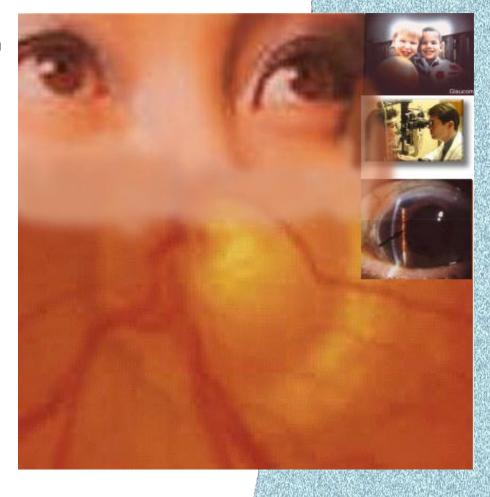
The Glaucoma
Research Foundation
(GRF) defines
glaucoma as a group
of eye diseases that
gradually steals sight
without warning and
many times without
symptoms. Injury or
damage to the optic
nerve is what causes
vision loss with this
disease.

The two main types of glaucoma are open angle, of which there are virtually no symptoms or no real warning signs to let you know it's coming; and angle closure,

which makes the eye pressure rise very quickly.

Anyone may get glaucoma, but the risks are higher for some individuals. The GRF reports those at higher risk include African-Americans, Asian-Americans and persons over 60 years of age.

Medical experts recommend those at higher risk have a complete eye exam with eye dilation every one to two years.



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